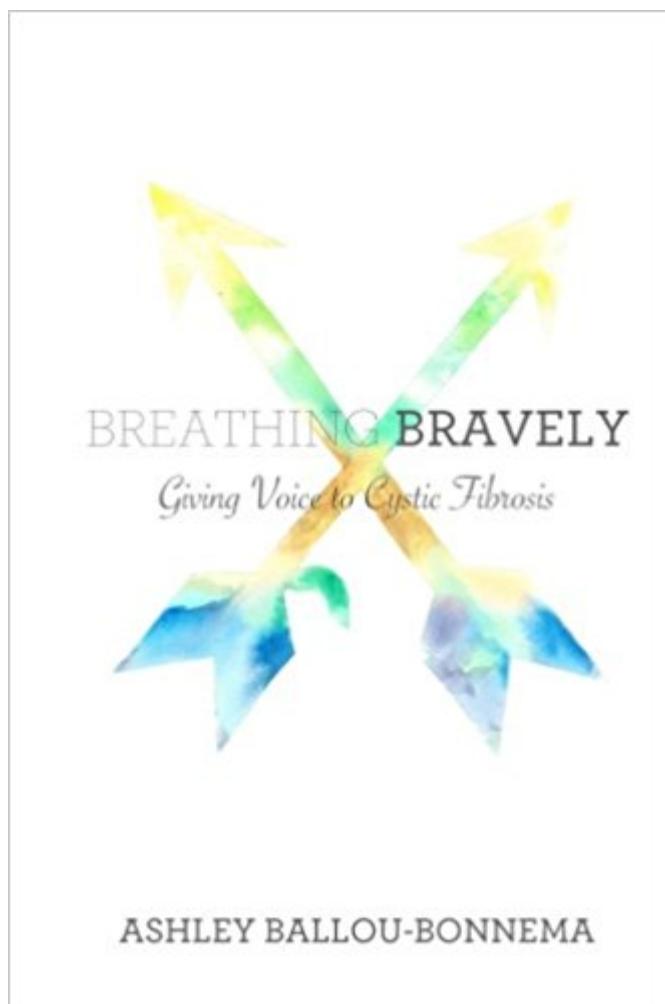


The book was found

Breathing Bravely: Giving Voice To Cystic Fibrosis



Synopsis

All proceeds to benefit the nonprofit organization Breathe Bravely. Breathing Bravely: Giving Voice to Cystic Fibrosis is the passionate story of Ashley Ballou-Bonnema and her journey through the seasons of Cystic Fibrosis. Within a single cycle of seasons, Ashleyâ™s journey and experience are witness to lifeâ™s joys and heartaches while breathlessly rooted in gratitude. From the grip of Winterâ™s harsh wrath to the abundant life filled blossoms of the Spring, Ashleyâ™s perseverance, voice, and vulnerability resonate deeply within each of our own journeys.

Book Information

Paperback: 302 pages

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Product Dimensions: 6 x 0.7 x 9 inches

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Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #2,925,743 in Books (See Top 100 in Books) #54 in Books > Health, Fitness & Dieting > Children's Health > Cystic Fibrosis #346 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lung & Respiratory Diseases #361 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Respiratory

Customer Reviews

Ashley Ballou-Bonnema, a 28-year-old musician, teacher, blog writer, wife, and seeker of adventure strives to get the most out of a life living with Cystic Fibrosis. She is the founder of Breathe Bravely, a nonprofit organization dedicated to giving voice to Cystic Fibrosis and the author of the popular blog, Breathe Bravely.

Great read - very inspirational. A true example of fully living in each moment, not just going through the motions. Love it.

An astonishing witness to life - even if you don't have a life-threatening illness, you will be healed fading this book

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